

WHAT IS **SHAC**?

- School Health Advisory Councils were created by the Texas Legislature back in 2001.
- Our LCISD Board Policies (EHAA, EHAB, EFA, FFA) further define the role of the SHAC locally.
- The SHAC is an advisory group, not a policy making group.
- The SHAC strives to provide a Coordinated School Health (CSH) program.
- LCISD's SHAC follows a Whole School, Whole Child, Whole Community (WSCC) model.

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WHAT DOES SHAC **REALLY** DO?

• Meet 4 times each year:

Oct. 26th Nov. 30th (8:30 – 10:00) Jan. 25TH (8:30 – 10:00) March 8th (10:30 – 12:00)

- Work on updating and proposing to the Board:

 - SHAC By Laws
 LCISD Wellness Plan (FFA Local 2018)
- SHAC Wellness Awards and Community Outreach Programs
- Reviewing Curriculum & Programs for students and schools

 - 2022 2023 Health Curriculum (TEA)
 <u>It's Your Game</u> dedicated sex ed curriculum (Grant ended in August 2015)
 "Hidden In Plain Sight" parent education program regarding disguised drug devices

WHAT'S	NEW	WITH	SHAC	THIS
YEAR?				

- TX HB 1525 / SB 9 updated legislation from 87th session
- Posted meeting notices at Brazos Crossing, online via SHAC page
- Take and post minutes from each meeting
- Audio or Video recordings of each meeting that will be posted by LCISD with minutes from each meeting
- Meetings can be in person or virtual

SHAC PRIORITIES

- 1. Form our EXECUTIVE COMMITTEE
- 2. Update our by-laws to reflect current requirements
- 3. Recommend required curriculums to the Board in Spring of 2023

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SHAC PRIORITIES

- •EXECUTIVE COMMITTEE:
 - •CHAIR
 - VICE –CHAIR
 - SECRETARY
 - COORDINATOR

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•CHAIR:

- Preside over meetings
- Work with executive committee
- Work with other committees as needed

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EXECUTIVE COMMITTEE:

•VICE - CHAIR:

- Preside over meetings in absence of Chair
- •Serve as Chair elect
- Work with other committees as needed

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EXECUTIVE COMMITTEE:

•SECRETARY:

- Preside over meetings in absence of Chair and Vice-Chair
- Work with coordinator to prepare meeting notices, minutes and handouts
- Assist the Coordinator with the annual report to the Board in the Spring

Up	odate	LCISD	SHAC	C By -	Laws
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- LCISD SHAC has by-laws that were updated in Spring of 2019
- Our by-laws need to be updated again to reflect the most current legislation
- We can also update our by-laws to reflect our updated structure and operating procedures
- Updated by-laws will be voted on at the November SHAC meeting after being drafted and reviewed by committee

Curriculum Recommendations

- Health education curriculum (textbooks/resources) for grades K — 12 will need to be recommended to the Board this Spring.
- If the Board adopts a resolution directing the SHAC to do so, we will need to recommend curriculum for Human Sexuality Instruction. (This will include 2 public meetings before making our recommendation.)

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Committee Work:

- To maximize engagement by as many parents as possible, with their varying schedules, it is proposed that we structure our committee work online using email, Zoom and google documents.
- Committees can meet face to face as needed but can do the bulk of their work independently and report on their findings to the group at the next meeting.
- Each committee needs a minimum of 3 people on it.

Executive Committee:	
<u>Executive Committee.</u>	
1 – Chair 2 – Vice Chair	
3 – Secretary	
4 – Coordinator – Nikki Nelson	
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<u>By-Laws Committee:</u>	
• Review current By-Laws	
• Update with new legislation	
• Edit to reflect current practices	
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Health Curriculum Committee:	
 Meet in November (Zoom) with curriculum team for 30 minutes. 	
• Review proposed curriculums	
 Meet in March (Zoom) with curriculum team to discuss and vote on recommended Health 	,
Curriculum for LCISD.	

**Physical	Activity and	l Fitness	Plannir	ıg
Committee	(PAFP):			

- Review our current LCISD Board approved recess related policies
- Ensure that local community values are represented in that policy or present an updated proposal for SHAC review
- Consider issues relating to student physical activity and attempt to improve fitness among students

**Community Health Committee:

 Seek opportunities to increase parental awareness of suicide related risk factors and warning signs and available community suicide prevention services. Make policy recommendations to Board when applicable.

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BEFORE YOU LEAVE TODAY:

- 1) Fill out Membership Form
- 2) Sign Up for 1 or More Committees
- 3) Meet 1 New Person

LCISD SHAC

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Meeting Dates
By-Laws
Historic Minutes/Board Updates

https://www.lcisd.org/departments/athletics/parents-students/s-h-a-cLCISD SHAC

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BRING A FRIEND NEXT MONTH!

Tuesday, NOV. 30th
8:30–10:00 a.m.