

Lamar Consolidated ISD
School Health Advisory Council (SHAC)

Agenda – November 1, 2022

- I. Call to Order**

- II. Review Meeting Minutes from October 11, 2022**

- III. Old Business**

- IV. New Business**
 - a. Guest speaker - Dr. Jennifer Roberts, Lamar CISD Director of Student Services, to discuss Mental Health and Suicide Prevention Resources
 - b. Review Recess Policy Board FFA Local – Nikki Nelson
 - c. SHAC Awards

- V. Events & Reminders**
 - a. National Stress Awareness Day – November 2
 - b. Early Voting is Open! Election Day – November 8th
 - c. Healthy Minds with Healthy Foods Budget Friendly Meals
 - i. November 1, 8, 15, 29
 - ii. December 6, 13
 - d. Next Meeting – January 10th at 8:30 am
 - e. It's Time Texas Community Challenge - January 9 – March 5, 2023 [Info](#)
 - f. Send your ideas via SHAC Facebook message or email lcisdshac@gmail.com
 - g. Engage on Facebook! [LCISD School Health Advisory Council | Facebook](#)

- VI. Adjournment**