

**Lamar Consolidated ISD
School Health Advisory Council (SHAC)**

Agenda – January 9, 2024

- I. **Call to Order**
- II. **Review minutes – November 14, 2023**
- III. **Old Business**
 - a. Cody Stephens Program Update
 - b. Wellness Coordinator Update
 - c. Wellness Plan Update
 - i. Subcommittee Meeting via Zoom to be held Tuesday, February 13th at 10 am
 - d. SHAC Awards Update
 - i. On hold until next year; utilize new Wellness Plan to select criteria
- IV. **New Business**
 - a. Guest Speaker – Kaila Williams MPH, MEP, CPH | Director-Health Communications, Education & Engagement | Fort Bend County Health & Human Services
 - b. Board Appreciation Month
 - c. SHAC Presentations
 - i. Are there events or district meetings we can promote SHAC (Ex: Teach ConFuncation in May, Back 2 School Bash, district meetings, etc)
 - d. Executive Committee Election for 2024-2025 school Year
- V. **Events & Reminders**
 - a. 8th Annual Taste of Fort Bend (benefiting Lunches of Love) - Thursday, January 11, 2024 at 7:00pm [PURCHASE TICKETS HERE](#)
 - b. February: American Heart Month
 - i. Wear red on February 5th
 - ii. [100 Ways in 100 Days to Better Health | American Heart Association](#)
 - c. February: National Children’s Dental Health Month [Check out Resources Here](#)
 - d. Next Meeting – Tuesday, March 19th at 10 am | **NEW LOCATION at LCISD Visitor Fieldhouse, 1000 E Stadium, Rosenberg, TX (Visitor FH is on opposite side of field)**
 - e. Engage on Facebook! [LCISD School Health Advisory Council | Facebook](#)
- VI. **Adjournment**