1. **Evelyn Hicks - Call to Order at 8:32 am**
2. **Meeting Minutes from October 11th unavailable. To review at the next meeting.**
3. **No Old Business**
4. **New Business**
   1. Guest speaker - Dr. Jennifer Roberts, Lamar CISD Director of Student Services, to discuss Mental Health and Suicide Prevention Resources and Kelly Kipping – Teen Parent Program
      1. Notion of Engagement and Connection
      2. Based on Whole Child Safety & Wellness Model: Service Model
         1. Social Wellbeing – character counts education, Comprehensive Program PK-12, PBIS
         2. Emotional Wellbeing – Access to therapeutic support (bilingual, w/parent consent), intentional student follow-up, trauma informed classroom, character counts
         3. College & Career Readiness – School Links System, dual credit pathways, CTE, college & career facilitators
         4. Environmental Wellbeing - Student Support App Hope Line, Skylert-anonymous reports of bullying, Crimestoppers
         5. Mental Health – therapeutic support access for every campus, Youth Mental Health First Aid training (educators training for all staff); Solution-focused approached
         6. Growth Mindset – transitional years affirmation project (help other people, affirm who people are)
      3. Multi-tiered System of Supports (MTSS)
         1. Tier 1 – everyone (ex: Kindness)
         2. Tier 2 – 15-25% Targeted Prevention; Memorial Hermann-(red/blue/silver tracks -school based clinic, teen parents, free transportation), HGI, LCISD FSS, LCISD Counselors, Ft Bend Regional Council-drug prevention, TCHATT-100% funded by State upon referral to free psychiatric care up to 5 sessions
         3. Tier 3 – child in crisis 5-10%; immediate needs
      4. Kognito Training – avatar-based training (in addition to First Aid training)
      5. HOPE SQUAD – peer to peer-all about connection; nominate 2-3 kids to participate (parent consent); 30-minute lessons on noticing when someone doesn’t look like they are having a good day, share light within the school, trained to go to counselor or teacher
      6. Data collection – every year starts over, some info has to be reported for TEA,
      7. ASAP – Activities Supporting Adolescent Parenting Program - optional (avg age 16 – 20)
         1. Any School – primarily HS, rarely JHS, Kelly goes to visit them wherever they need, one-one or with their families
         2. Car Seat Event, Daycare (W/Texas Workforce Commission)
         3. Community Partners – Attorney General’s office, Memorial Hermann, UT Health, Texana ECI, Ft Bend Social Services, Crisis Pregnancy Programs, Mercy Goods
         4. ASAP Graduation Luncheon
         5. Parenting/Pregnancy Education
         6. Counseling – HGI, Memorial Hermann
         7. Donate & Volunteer – ASAP shop at Common Thread NOV 12th
         8. Contact Kelly Kipping at 832.223.0354 or [kkipping@lcisd.org](mailto:kkipping@lcisd.org)
   2. Review Recess Policy Board FFA Local – Nikki Nelson; designated recess period updated in 2018; legal policy comes from TASB
   3. SHAC Awards – Nikki will do full presentation at next meeting
5. **Events & Reminders** 
   1. National Stress Awareness Day – November 2
   2. Early Voting is Open! Election Day – November 8th
   3. Healthy Minds with Healthy Foods Budget Friendly Meals
      1. November 1, 8, 15, 29
      2. December 6, 13
   4. Next Meeting – January 10th at 8:30 am
   5. It’s Time Texas Community Challenge - January 9 – March 5, 2023 [Info](https://ittcommunitychallenge.com/about/)
   6. Send your ideas via SHAC Facebook message or email [lcisdshac@gmail.com](mailto:lcisdshac@gmail.com)
   7. Engage on Facebook! [LCISD School Health Advisory Council | Facebook](https://www.facebook.com/lcisdshac/)
6. **8 in-person attendance, 11 via zoom**
7. **Adjournment at 9:27 am**