

The goal of the Lamar CISD Food Service Department that no child should go hungry. A nutritious, well-balanced breakfast and lunch are available daily. School meals are designed to meet federal guidelines for the nutritional and caloric intake of growing children while restricting fat and sodium. Menus are posted on the district website along with nutritional information. Children may bring their lunches from home. Milk and water are available to all students at each meal. Parents can request specific purchasing limitations be placed on their student's account by going to www.schoolcafe.com. The following outlines the meal charge policy for the 2017-2018 school year:

Students may charge meals up to \$15.00. A low balance reminder will be sent home to elementary students and an automated phone call will occur, for all students, when a negative balance appears on the student's account. If a student reaches the charge limit of \$15.00, an alternate breakfast of a cereal and milk will be provided. During lunch service a cheese sandwich and milk will be provided until the negative balance is paid or five (5) alternate meals have been served. After five (5) alternate meals, families should make other arrangements for meals during the school day. A la carte items are not available for charging. This policy will be consistent for all grade levels on all campuses.

Parents are encouraged to put funds on the student account prior to meal service. Payments can be made at each campus cafeteria with cash or check. Also, payments can be made online at www.parentonline.net. At Parent Online, parents can set up balance reminders to be sent to an e-mail address so there are always funds available for meal purchases. Please contact Food Service at 832.223.0180 for further information. Students with negative balances cannot purchase snacks or extras. Students with negative balances may be excluded from special activities and/or either be given an alternative meal. Each school will determine rules for standards of conduct during lunch period. Food cannot be used as punishment.