

# Menu Calendar Report - June, 2024

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Site: Lamar High School  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: 9-12 Lunch

Mon	Tue	Wed	Thu	Fri
<b>3 Jun</b>	<b>4 Jun</b>	<b>5 Jun</b>	<b>6 Jun</b>	<b>7 Jun</b>
CHEESE PIZZA (34.00 g) TEXAS LOCAL 4 MEAT PIZZA (46.00 g) GREEN BEANS (4.00 g) MARINARA CUP (7.00 g) CANNED MANDARIN ORANGES (17.00 g) CRISPS RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	CHEESE STUFFED BREADSTICKS (34.00 g) CHICKEN CORNDOG (30.00 g) FRESH BROCCOLI FLORETS (2.53 g) MARINARA CUP (7.00 g) POTATO WEDGES (19.99 g) CANNED PINEAPPLE TIDBITS (11.33 g) LOCAL TEXAS PEACHES (14.31 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g)	GRILLED CHEESE SANDWICH (31.00 g) SPAGHETTI AND MEATSAUCE (51.72 g) Offered With: - GARLIC BREADSTICK (26.00 g) FRESH BABY CARROTS (8.00 g) LOCAL FRESH YELLOW SQUASH (2.35 g) CRISPS GRANNY SMITH APPLES (14.06 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) LITE RANCH DRESSING (1.00 g)	BEEF HOTDOG (29.00 g) GARLIC AND CHEESE FRENCH BREAD PIZZA (29.00 g) MARINARA CUP (7.00 g) POTATO SMILES (25.00 g) STEAMED BROCCOLI (7.20 g) CANNED SLICED PEARS (16.00 g) ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g)	CHEESE NACHOS (32.40 g) CHICKEN TENDER WITH CORNBREAD (43.00 g) FROZEN CORN (15.75 g) REFRIED BEANS (8.17 g) SALSA DIPPING CUP (5.00 g) CANNED MANDARIN ORANGES (17.00 g) CRISPS RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g)
<b>10 Jun</b>	<b>11 Jun</b>	<b>12 Jun</b>	<b>13 Jun</b>	<b>14 Jun</b>
GENERAL TSO'S CHICKEN WITH FRIED RICE AND FORTUNE COOKIE (86.45 g) VEGETERIAN NUGGET AND WAFFLES (54.00 g) FRESH BABY CARROTS (8.00 g) SONOMA BLEND VEGETABLES (6.00 g) TEXAS LOCAL GREEN BEANS (5.27 g) CANNED MANDARIN ORANGES (17.00 g) CRISPS RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (30.00 g)	MACARONI AND CHEESE AND CORNBREAD (57.74 g) TEXAS LOCAL POPCORN CHICKEN AND GARLIC BREADSTICK (42.00 g) POTATO WEDGES (19.99 g) STEAMED BROCCOLI (7.20 g) CANNED PINEAPPLE TIDBITS (11.33 g) LOCAL TEXAS PEACHES (14.31 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g)	EGGS AND EGGOJI WAFFLES (29.00 g) STEAK FINGERS WITH ROUND (45.90 g) FRESH BABY CARROTS (8.00 g) LOCAL FRESH YELLOW SQUASH (2.35 g) CRISPS GRANNY SMITH APPLES (14.06 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g) SYRUP (30.00 g)	CHEESE STUFFED BREADSTICKS (34.00 g) TURKEY PEPPERONI PIZZA (35.00 g) BAKED BEANS (30.00 g) FRESH BROCCOLI FLORETS (2.53 g) MARINARA CUP (7.00 g) CANNED SLICED PEARS (16.00 g) ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) LITE RANCH DRESSING (1.00 g)	ALFREDO PASTA WITH BREADSTICK (77.21 g) HAMBURGER (28.20 g) BURGER SIDE SALAD (3.43 g) FROZEN CORN (15.75 g) POTATO SMILES (25.00 g) CANNED MANDARIN ORANGES (17.00 g) CRISPS RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.30 g)
<b>17 Jun</b>	<b>18 Jun</b>	<b>19 Jun</b>	<b>20 Jun</b>	<b>21 Jun</b>
CHEESE PIZZA (34.00 g) TEXAS LOCAL 4 MEAT PIZZA (46.00 g) MARINARA CUP (7.00 g) TEXAS LOCAL GREEN BEANS (5.27 g) CANNED MANDARIN ORANGES (17.00 g) CRISPS RED DELICIOUS APPLES (14.06 g)	BEEF AND CHEESE TACO CRISPUPS (24.00 g) CHICKEN AND CHEESE TACO (24.00 g) MOZZARELLA BITES (28.00 g) FRESH BROCCOLI FLORETS (2.53 g) MARINARA CUP (7.00 g) POTATO WEDGES (19.99 g)		CHICKEN CHUNK WITH CHOCOLATE CHIP ROUND (45.00 g) GRILLED CHEESE SANDWICH (31.00 g) MARINARA CUP (7.00 g) POTATO SMILES (25.00 g) STEAMED BROCCOLI (7.20 g) CANNED SLICED PEARS (16.00 g)	CHEESE NACHOS (32.40 g) CHICKEN TENDER WITH CORNBREAD (43.00 g) FROZEN CORN (15.75 g) REFRIED BEANS (8.17 g) SALSA DIPPING CUP (5.00 g) CANNED MANDARIN ORANGES (17.00 g)

