

## MS/JH High School Planning and Beyond

<b>Your Name</b>	Tanesha Crockett	<b>Grade Level</b>	7	<b>Lesson #</b>	4
<b>Title of Lesson</b>	Short and Long-Term Goal Setting				
<b>Objective (What do we want students to know?)</b>	Students will identify what is important to them and begin setting educational and career goals.				
<b>Vocabulary</b>	Students will identify what is important to them and begin setting educational and career goals.				
<b>Lesson Topics</b>	<ol style="list-style-type: none"> <li>1. Identify and demonstrate processes for making short and long term goals</li> <li>2. Watch YouTube Video on Goal Setting</li> <li>3. How to develop goals and share those explorations with the group</li> </ol>				
<b>Activities</b>	<p><b>Activities</b></p> <p><b>Please take out a sheet of paper and number it 1-3 and take 30 seconds to write the first thing that comes to mind.</b></p> <ul style="list-style-type: none"> <li>• If you could accomplish anything in the world, what would you do?</li> <li>• What are my top 3 interests and/or hobbies?</li> <li>• Besides money, if you were given 3 wishes to change the world what would you wish for?</li> </ul> <p><b>Watch You Tube Video on Goal Setting</b></p> <ul style="list-style-type: none"> <li>• <b>Display handout <u>reaching my goals</u></b></li> <li>• Students think about 1-2 educational goals and 1-2 personal goals. What are some steps that you need to accomplish these goals? Share with your group</li> <li>• <b>Display handout <u>career goals</u></b></li> <li>• Students think about 1-2 short goals and 1-2 long term goals. What are some steps that you need to accomplish these goals? Share with your group</li> </ul>				

<b>Exit Ticket</b>	Please turn to one person and share one educational goal you can use this year.
<b>Teacher Notes</b>	Teacher Notes: <ul data-bbox="389 420 1331 577" style="list-style-type: none"><li>• As time allows.....</li><li>• Please share ideas on setting educational goals as a class after group share</li><li>• Teachers feel free to share some of your own experiences in goal setting</li></ul>